

## ABSTRACT

Clínica Martin Baro (CMB) is a free student-run clinic located in San Francisco's Historic Latinx neighborhood, the Mission District. Clínica primarily takes care of patients that are undocumented or do not have access to adequate Healthcare for various reasons.

During the COVID-19 pandemic, CMB experienced an increase in the number of patients served with over more than 400 patients than are normally served a year, in 4 months. In response, we created a diabetes care program to address an overwhelming number of our patients that had clinical laboratory values indicating pre-/diabetes.

## BACKGROUND

Our project is a continuation of last year's work but added on significant support for our patients through community partnerships and ensuring the longevity of our work as many of our volunteers are graduating and I will be too in 1-year.

First, we were able to develop a free food distribution arm of our work that allows for patients to receive 2-4 boxes of food that is culturally appropriate. We developed this at the end of our work last year but built significantly upon this with guaranteed delivery for 30 patients until June 2023.

In addition, we have expanded the resources we offered and guaranteed with physical therapy and law/migration support, both of which significantly impact our patients' health.

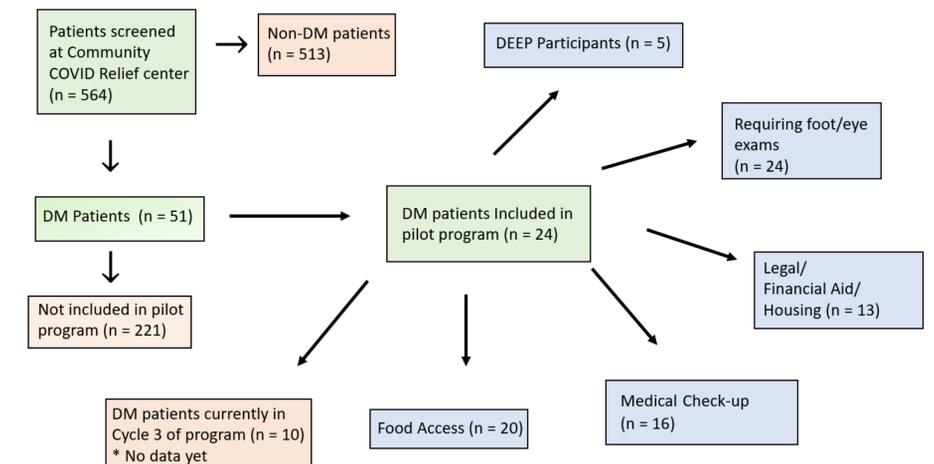
## OBJECTIVES & METHODS

- The first aim is to enhance this program by creating a dedicated team that will track our previous and new patients with diabetes diagnoses and creates physical therapy and law services to address our patients' legal troubles with documentation status.
  - To do this, we continued with our previous team.
  - In addition, together with the University of California Hastings School of Law we engaged in discourse to create a free immigration law clinic.
- Our second aim was to shift the common narrative of pre-diabetes inevitably progressing to diabetes within our Latinx community with preventive all-around care.
- The third aim was to continuously monitor the COVID-19 pandemic and the opportunities that would allow our patients to get vaccinated, return to work, and ultimately get reconnected with their original health insurance policies and providers
- Lastly, to address the increased amount of food insecurity our patients have experienced due to financial losses during the pandemic, we have teamed with Mission Meals.



## RESULTS

- Of the 805 patients, 732 (91%) did not meet the criteria of being diabetic to be included in the program, while 72 (9%) were eligible for our program.
- We established an immigration law clinic with our UC Hastings partnership that we hope to start enrolling patients into in Fall 2022 in addition to a physical therapy clinic.



## CONCLUSIONS

- In conclusion, our goals were met and we can now ALMOST deliver a full wrap-around service to our community in SF Mission.

