Introduction

Lincoln Health Equity is an after school program for the disadvantaged students of Lincoln High that was established in 2014. For the past four years, the program has created a positive and supportive mentorship for students specifically interested in the medical field, with the hopes of continuing to establish a more diverse workforce that mirrors the growing minority population of California.

Program’s Mission: To eliminate health disparities through the creation of a culturally and linguistically competent health care workforce to serve the needs of diverse populations by supporting disadvantaged and underrepresented high school students in their pursuit of health professions.

Methods

Lincoln Health Equity is carefully designed with the intent of the students participating in an exciting after school curriculum, attracting them to the medical field and providing support to help them believe the path to medicine is attainable.

1. Hands-on after school activities exposing students to medical field.
2. Discussions based on topics: cultural humility, diversity in medicine, and health disparities.
3. Provide mentors who come from similar socioeconomic background or who faced many obstacles but succeeded in attaining a undergraduate and/or medical school acceptance.

<table>
<thead>
<tr>
<th>Branch</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cultural Humility</td>
<td>Students learn about cultural humility and how it affects health disparities and medical decision making.</td>
</tr>
<tr>
<td>Diversity in Medicine</td>
<td>Students discuss the importance of diversity in medicine and how it affects the healthcare workforce.</td>
</tr>
<tr>
<td>Health Disparities</td>
<td>Students learn about the impact of health disparities on different populations and how they can be reduced.</td>
</tr>
<tr>
<td>Minority Health Topics</td>
<td>Students explore health disparities specific to minority populations and how to address them.</td>
</tr>
</tbody>
</table>

Results

Question #1: What is the highest level of education completed by your parent(s)?

<table>
<thead>
<tr>
<th>Parent Education</th>
<th>% Respondents</th>
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</thead>
<tbody>
<tr>
<td>High School</td>
<td>35%</td>
</tr>
<tr>
<td>College Graduate</td>
<td>40%</td>
</tr>
<tr>
<td>Graduate</td>
<td>25%</td>
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</tbody>
</table>

Race Identified by Program: 98% were identified as racially diverse.

-Data showing 71.4% of the 14 participants showing at least somewhat of an interest in serving medically underserved areas has helped to show the strength of our program.

After reviewing the feedback from students, the majority of comments were positive. However, there were also comments on ways to improve the program that will be addressed in the future. Components of the program that are in need of improvement include the following:

-Recruitment of students

-Improve activities during sessions (Cultural barriers, Health Disparities, and Minority Health topics)

-Strengthen the mentorship relationship between mentors and students.

Conclusions

-Recruitment of students

-Improve activities during sessions (Cultural barriers, Health Disparities, and Minority Health topics)

-Strengthen the mentorship relationship between mentors and students.

Community Service Site: Lincoln High is located in a community of Southeast San Diego that largely consists of working class, immigrant, and low-income families with a median income of $35,582 and is considered

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Lincoln Health Equity Program
Kathryn Kianalani Choo Loy
UCSD School of Medicine 2016-2017

Bibliography