



ADELANTE

HEALTHCARE

TEEN PREGNANCY IN az



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SCHOLAR

About Arizona

- 32% Hispanic/Latino, 4% African-American, 4% Native American
- % of children living in poverty: 25% (double the national benchmark/average)
- Unemployment rate: 10% (double the national benchmark)
- Political atmosphere: conservative
 - Includes strict bill creating limited access to contraception and abortion (i.e. HB2625)
 - Also includes controversial immigration laws

Relevance??

- Poverty has been found to be the key predictor of teen pregnancy rates
- Studies show that conservative states have higher teen birth rates
 - Mostly associated with reduced access to contraception
- Research has also found a large Latino pop. to be a driving force behind high teen birth rates
- As a result.....Arizona's teen birth rate is 3x the national benchmark

Why does this matter?

- ❑ In 2008, teen pregnancy costed Arizona taxpayers about \$303 million!
 - ❑ Public healthcare (Medicaid and CHIP)
 - ❑ Child welfare
 - ❑ Increased rates of incarceration
 - ❑ Lost tax revenue
- ❑ Negative effects on education of Arizona's young people
 - ❑ PUHSD had only 45% graduation rate for past year
 - ❑ Teen pregnancy #1 reason girls drop out of school

- Children of teenage moms
 - Start school with lower reading, math, language and social skills
 - Do less well and go less far educationally
 - At higher risk for neglect and abuse
 - More likely to have lower income levels
 - Disproportionately higher rates of mental illness, substance abuse and prison time
 - Much more likely to be teen parents themselves...
 - And the cycle continues!!!

So...prevention!

- What does an ideal prevention model look like?
 - The answer is still up for debate but...
 - Keep young girls and teen moms in school
 - Encourage career planning and higher education
 - Prevent repeat pregnancies
 - Improve mother-child interactions
 - Increase contraception education and access
 - Encourage parents to talk openly about sex!
 - Delivery sites include home, school, community, clinic

WHY YOU SHOULD WAIT

The National Campaign to Prevent Teen and Unplanned Pregnancy says that “preventing teen pregnancy is the most effective way to reduce poverty and improve overall child well-being...”

HERE'S WHY:

- ◆ Only 40% of teen moms finish high school, and less than 2% finish college by age 30.

(A college graduate makes about \$1 million more than a high school dropout over his/her lifetime.)

THE BOTTOM LINE: Education > Career > Financial Freedom

- ◆ It costs about \$200,000 to raise a child to age 18, not including school and college tuition.

THE BREAKDOWN	
Prenatal + Hospital Care	\$200 - \$17,000
Crib	\$200
Diapers + Wipes	\$50 for ~ 2 weeks
Car Seat	\$125
Changing table and pad	\$125

(That's a total of at LEAST \$700 to pay for only the first few weeks of your baby's life if...

you don't buy maternity clothes or baby clothes or take parenting classes, your delivery is complication-free and you have good insurance.)

THE BOTTOM LINE: Babies are very expensive, even with just the basics.

- ◆ Research shows that children of teen moms start school with lower math, reading and language skills and don't do as well overall as other children.

THE BOTTOM LINE: You are your baby's role model. The more educated and grown up you are, the better chance you give your child to succeed in life.

Enjoy being young, learning about yourself, exploring life's opportunities and **wait to get pregnant.**

Ask your doctor about birth control, and to read more info, visit

www.thenationalcampaign.org

- **Thank you to everyone at Adelante for letting us be a part of your family this summer!**