



The Health Continuum

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Adelante Surprise Site
Surprise, Arizona



Introduction

- Dignity Health offers a community grant to non-profit organizations that collaboratively responds to the health assessments of its hospitals.
 - Minimum of three non-profit organizations needed to qualify
 - The Community Grant Program funds up to \$100,000 for the pilot project.
 - Service area
 - Letter of Intent
 - Grant proposal



Community Partners

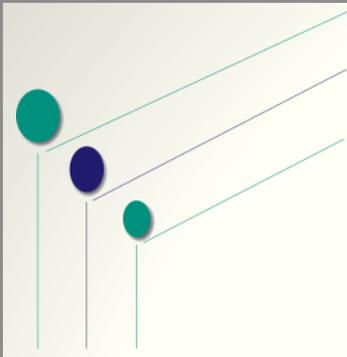
- Adelante Healthcare: Mission is to improve health of communities by providing the highest level of primary and preventative care at affordable costs.
- The Harp Foundation: a non profit organization that provides therapeutic harp music for healing and comfort.
- Mathew's Crossing Food Bank : Mission is to alleviate hunger by providing food to individuals and to families.



Background cont.

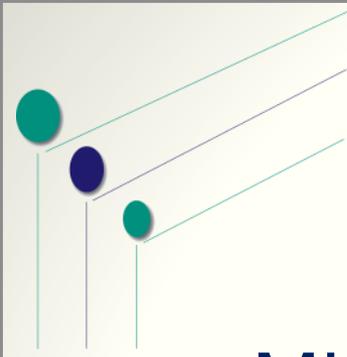
Supportive research

- Gillen, E., Biley, F., & Allen, D. (2008). Effects of music listening on adult patients' pre-procedural state anxiety in hospital. *International Journal of Evidence-Based Healthcare* , 24-49.
- Kemper, K. J., & McLean, T. W. (2008). Parents' Attitudes and Expectations about Music's Impact on Pediatric Oncology Patients. *Journal of the Society of Integrative Oncology* , 6, 146-149.



Completing the LOI

- Letter of Intent (LOI) major questions
 - Mission of Collaborative effort
 - Community Partners
 - Target population/location
 - Goals of Collaborative effort
 - Total amount requested from Dignity's Community Grant Program
- Letter of Intent due on July 5, 2013



Mission statement

- **Mission:** Using a Holistic method of approach Adelante Healthcare, Matthew's Crossing Food Bank and The Harp Foundation will become a centralized community resource hub with focus on shifting first response habits from ED's to a primary care provider.



Target Population and Location

- Dignity's East Valley service area (Mercy- Gilbert and Chandler Regional medical centers)
- underserved, insured and underinsured elderly, and families with children whose:
 - first response to healthcare is 911 or going to ED
 - lack of follow-up care often returns them to their original hospitals within 30 days
 - self-esteem is so low their hopes and dreams for a better life are depressed
 - -culture or life experience puts them at risk for behavioral health, obesity or chronic disease



Goals

- Raise awareness of primary healthcare services and resources available to the community
- Reduce 911 calls and ED visits as first response to primary healthcare
- Reduce 30-day hospital return visits
- Reduce stress, initiate healing and create paradigm shift in patient's approach to wellness
- Provide all aspects of access to care through a seamless continuum of services
- Reduce obesity and increase responsible management of chronic disease



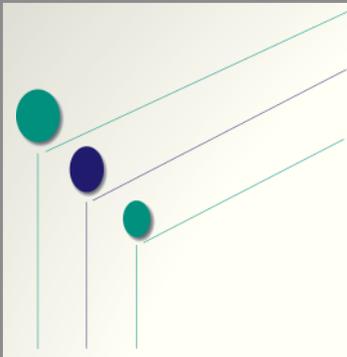
Budget

- Funding for Adelante Healthcare
 - \$42,440
- Funding for The Harp Foundation
 - \$27,364
- Funding for Mathew's Crossing Food Bank
 - \$27,000

- Total amount requested from Dignity Health Grant
 - \$96,804

Adelante Sample Budget

Category	Project amounts	Committed from other sources	Amount of Request to Dignity Health
Health and wellness Ed.			
3 large family events	11,100		11,100
9 smaller family events	9,000		9,000
12 lunch and learn	6,000		6,000
Transportation			
Cab vouchers	10,000	Need	10,000
Equipment			
Sound system	5,000	25,000	5,000
Consultant/contracted services			
website	1,340		1,340
Total			42,440



Evaluating the Health Continuum

- Data Collection and analysis
 - Pre and Post-tests to assess knowledge before and after nutritional classes
 - Surveys for qualitative data
 - % decrease in Emergency Department (ED) visits at hospital
 - % volume increase at health center
 - Follow new patient and what services they have received
 - # People served at the events



Recommendations

- Look for other ways to initially fund this project if the grant proposal is not accepted.
- If approved find a way for it to be sustained when grant money runs out.



Conclusion

- The Letter of Intent was submitted on July 3, 2013
- Waiting on response from Dignity Health for invite to write grant proposal (August 5, 2013)



Acknowledgements

- Jesse Garcia, MBA
 - Adelanete Healthcare
 - Director for Center Support

- Ellen Young, PHD
 - The Harp Foundation
 - Executive Director

- Heather H. Heimsoth
 - Mathew's Crossing Food Bank
 - Director of Development

- Doug Campos-Outcalt MD, MPA
 - Chair
 - Department of Family, Community and Preventive Medicine
 - University of Arizona College of Medicine, Phoenix